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### What is Your Identity?

Identity is a word we use to tell others, or ourselves who we are. The 3 main parts of identity are Racial, Cultural, and Emotional identity. In the book "The Breadwinner" this can easily prove this idea.

Emotions are a crucial part of anyone's identity. In the book "The Breadwinner" Parvana's father is taken, this leaves her mother in a wreck, unable to get food, cleaning, or education done. Emotions could also affect all the people around you. Emotions could be from past experiences or new trauma. This could motivate some individuals to harm others in a way, also affecting the people they harm. Which can also be a part of racial identity.

Racial Identity can harm or help some people. Some people treat others horribly because of the color of their skin. Some people can be treated differently like some races could get treated better than others. This could affect emotions, especially in mothers. seeing their children bullied and tortured because of what they look like. Some cultures can be treated harshly as well.

Cultural identity can almost completely turn you into who you will be. Other people that have other cultures can fight and bicker. But the culture you have is up to you. It can affect you in many different ways, I think not enough people know how much cultural identity can affect you. Some cultures pray to totem poles while others treat

women like human doormats. In Saudi Arabia women can't go to school, go outside, get a job, and I have to say that is sad.

To help, in conclusion my Emotional Identity is strong. I have a lot of people in my life to help me through hard times. I have a balance in this identity. If I could say what my culture is I would say religious. I am a catholic that goes to church whenever I can. I am also Caucasain, but in my opinion, every race is equal. I have many friends among many races, my relationship with them is awesome, if I'm sad I know who to go to. Thank you for reading this, I hope you found a better understanding of other people's identity, or your own identity.